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## Unit 3 Lesson 4

### Elimination Needs & Pressure Sores

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Verbs	Definition
1. confine	to keep in one area; limit movement
2. defecate	to excrete feces from the rectum through the anus
3. excrete	to get rid of waste material from the body
4. lie	to put yourself in a position where your body is flat (horizontal)
5. maintain	to make something continue in the same way or at the same standard as before
6. provide	to give something to someone or make it available to them, because they need it or want it
7. redden	to become red, or to make something red
8. reduce	make something smaller or less in size
9. relieve	to reduce pain or unpleasant feelings
10. urinate	to empty urine from the body; also called void
11. void	to empty urine from the body; urinate